Mission:
To protect, promote & improve the health
of all people in Florida through integrated
state, county & community efforts.

Ron DeSantis
Governor

Joseph A. Ladapo, MD, PhD
State Surgeon General

Vision: To be the **Healthiest State** in the Nation

Updated COVID-19 Isolation and Quarantine Recommendations

Day 0 is your first day of symptoms to calculate your isolation period. Day 1 is the first full day after your symptoms develop. You can leave isolation after 5 full days or 10 full days if you meet any of the criteria below. Contact your healthcare provider or MonroeCOVID@flhealth.gov if you have questions.

Monroe County School District policies will be updated after FINAL emergency rule for schools is released from the State of FL

Source - Governor Ron DeSantis and Surgeon General Dr. Joe Ladapo Buck CDC with New Official State Guidance (flgov.com)

If You Tested Positive for COVID-19

To end isolation after *5 days*:	- Should not meet any of the criteria in the box below "10 day isolation period for…." - Symptoms are improving and have been without fever for 24 hours without the use of fever reducing medications. - If you are immunocompromised or have moderate to severe illness please consult with your medical provider. - Healthcare personnel – follow up with employer for return to work criteria
To end isolation after *10 days*:	- Work/attend congregate settings such as: jails, nursing homes (LTCFs/ALFs), and homeless shelters. - People with anticipated travel

If You Were Exposed to Someone with COVID-19

For all Regardless of Vaccination Status or Ability to Wear Mask:	- If symptoms of COVID-19 develop, stay home. - If asymptomatic, you do not need to quarantine, however, continue to monitor for symptoms of COVID-19 for 10 days after exposure. - Exposure = within 6 feet for more than 15 minutes within 24 hours. - Follow the guidance above if you test positive or have symptoms of COVID-19

For questions, email: MonroeCOVID@flhealth.gov

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